



Player Policy (March 2019)

Coaching Committee

- Kevin Kingston (Coaching Officer)
- John Considine
- Aidan O' Donoghue
- Tommy Breanan
- Terry O' Regan

Policy objectives

- To be fair to every player, both weak and strong
- Give guidance to Coaches
- Give guidance/protection to the Club
- Adhere to the Code of Behaviour (Underage) December 2018

Player pathway

Child			Youth			Adult		
Age 4 - 11			Age 12 - 17			Age 18+		
Nursery	Early Go Games	Late Go Games	Early Teenage	Mid Teenage	Late Teenage	Early Adult	Adult	Retirement/Retainment
Age 4 - 6	Age 7 - 9	Age 10 - 11	Age 12 - 13	Age 14 - 15	Age 16 - 17	Age 18 - 21	Age 22+	Becoming a Coach/Officer/Referee

Policy Considerations

- Players aged 6–11 Play to learn
- Players aged 12–17 Learn to Compete
- Players aged 18 + Compete to win



- **Meaningful Game Time**
U14 Approx. 30 Mins
U16 Approx. 30 Mins
Minor Coach Discretion

Player Policies

1. All players who are members of Kilbrittain GAA and who regularly attend training sessions are entitled to meaningful game time.
2. All players form Under 10 downwards, who regularly attend training, will be provided with Equal Game Time.
3. At U11 and U12, players who attend training regularly will be provided with meaningful game time
4. At U14, U16 and U18, players who attend training regularly will be provided with meaningful game time. A principle of playing players on the age where possible will be established, with due consideration given to the varying importance between league, finals and championship games.

Protocols

- All players must train and play with their own age group first. From U12 down players may play/train with their primary school classmates but cannot revert to a younger age group unless the Coaching officer deems it beneficial for the team/player involved.
- If players are required by an older age group, the Coaching officer is first consulted and then the coach of the younger team is informed before any players are notified.
- Coaches must keep a log of attendance for all training sessions and matches.
- At no point is a player to play/train more than the maximum amount of times (for age) in any one week (Mon to Sun) .

2 Times Players aged 6-9
3 Times Players aged 10-12
4 times Players aged 13 and older (Mon to Sun)
- The Coaching Officer and Coaching Committee judgement on all matters in relation to player policy is final.