Kilbrittain GAA Club - Injury Protocol

It is recognised that any player who sustains an injury while training with or playing for the Club is entitled to the best possible treatment, within the limits of the new mandatory G.A.A. Injury scheme. The scheme also applies to any Club Official injured while officiating for the Club.

Injury Guidelines:

- 1. The G.A.A. Injury scheme will be provided to all Players/Club Official who are fully paid up members.
- 2. When an injury is sustained the Club Secretary should be informed immediately by the Trainers, Selectors or any officer that is available.
- 3. When an injury is sustained in a game, the player or management should ensure that the Referee has recorded the injury for inclusion in his report.

Injury Procedure

- 1. Depending on the severity of the injury all players must first go to their **Doctor** or **South DOC** for a medical examination.
- 2. If further medical attention is required the player must get a letter from the Doctor and go to **CUH** or **St Mary's**.

Or

Alternatively you can go directly to the VHI Swift Clinic. You will be required to fill out a
Claim form within 60 days of the injury. Late submissions will not be reimbursed by the club.
Where a person already has Health Insurance they will be required to make a claim through
their own insurance.

See Claims Section below

South Doc: 1850335999

St Marys: 021 4926900 - 8am to 6pm open 7 days a week including bank holidays (much faster than CUH) if you have a pain in neck, back, hip or pelvis they won't deal with it only mainly broken fingers etc.

VHI Swift Clinic: 1890866966 8am to 10pm 7days a week

Claims

All claims are required to be reported to Willis within 60 days of the injury by completing, as a minimum the 1st two pages of the claim form which should be signed and dated by the claimant. In the event that the claimant's signature and date is omitted the first two pages of the claim form will be returned for completion. Claims reported outside the 60 days will not be processed.

The following is required in respect of all claims regardless of claim type:

- 1. A claim form should be downloaded from www.gaa.ie and the GAA Injury Scheme can be found under the 'Clubzone' section of gaa.ie.
- 2. Claimants Membership Number must be supplied on claim form.
- 3. If a player returns to play after an injury and he is Reinjured a new claim form must be submitted.
- 4. A copy of the Referee's report if the injury was sustained in an official match.
- 5. A letter from the Club Chairman/Secretary if the injury occurred in an official Training Session or Challenge Match
- Where a claim is being pursued under 1.4, a letter from the Club Chairman/Secretary confirming the claimant's membership and stating the circumstances surrounding the accident/injury
- 7. The claim form in particular sections A, E and F should be fully completed and signed by the injured member. The claim form together with all relevant supporting documentation should then be forwarded to the Club or County Secretary/Designated Scheme Officer for their signatures/validation.

In addition to the claim form the following supporting documentation is required depending on claim type: Medical / Dental claims:

- 8. Official Medical receipts (invoices are not acceptable).
- 9. Under Section A of the claim form confirmation whether the injured member has any third party medical insurance must be completed to enable the claim to be assessed as the scheme only provides cover for non-recoverable costs up to the limits of the scheme.
- 10. In all cases Section E must be completed and stamped by the attending Doctor or Dentist only. If no stamp is available a business card or confirmation on the doctor/dentists headed paper must be submitted.
- 11. Once the injured member is satisfied that the claim form has been fully completed and all supporting documentation attached, he/she should sign it and forward it to the Club or County Secretary/Designated Scheme Officer as appropriate for their signatures/validation and onward transmission to Willis who will only then be in a position to assess the claim.
- 12. If a submitted claim is not fully documented, the necessary documents, which must be submitted in a timely manner, will be requested by Willis.

PHYSIO

Players must not attend a PHYSIO without first consulting an Officer.

Due to changes in the GAA injury scheme the GAA club now has to pay all physiotherapy claims unless medically prescribed post operative. Kilbrittain GAA Club will pay a maximum of €15 per physiotherapy sessions. Where a physiotherapy sessions is less than €30 Kilbrittain GAA will pay 50%.

The player must pay the costs first and the club will reimburse these costs to the player.